



# Time Out

## Vierumäki Face of the Day



Each day, one player at the 2008 IIHF Women's Hockey Development Camp will be featured as the Camp's Player of the Day. Today, Team Black's Alena Polanska from the Czech Republic is highlighted.

Did you know there's a World Championship medalist among us? It's true Team Black's Alena Polanska made history last Spring when her team won the bronze medal at the first-ever World U18 Women's Championship.

Polanska was part of the team that took the women's hockey world by storm, beating powerhouses like Finland and Sweden for the bronze medal at the inau-

gural women's U18 event.

"It was definitely our miracle on ice," says Polanska of the surprise brone medal. "Our women's senior team only plays at Division I, so to win a medal at the first-ever U18s in the top level was really a big thing for women's hockey in our country."

Like a lot of women players, Polanska has headed to North America to hone her skills. She lives in America and plays with a Prep School team there.

"It was a hard decision in the beginning to move to America," says Polanska, "but I really like it over there. I'm learning a lot on and off the ice. Although its tough not seeing my family, it's worth it."

While Polanska is one of the more experienced athletes here at the Camp, she is still impressed by the international atmosphere on her team and around the rink.

"To see the different backgrounds of players is really interesting," says Polanska. "I'm happy to be on a team with people from all over the world. Everyone is learning something."

Next up for Polanska is getting the Czechs up to the top division, should be no problem for the miracle maker.

## Two Minutes in the Box

### Today's Highlights:

It was a big day in the big city for the participants as they headed south for a day of sightseeing and fun. After the games, everyone packed up and headed to the city followed by shopping for the much-awaited half day off.

### Thursday's Weather:



We don't want to jinx anything, but it looks like the weathermen are saying there will be S-U-N tomorrow. So dig out your sunglasses, you might finally need them.

### Olympic Update

Did you know there are 28 sports at this year's Olympics? Within each sport there are also many disciplines. What sport is popular in your country? What about your teammate's nations? Two sports will not reutrn for the 2012 Summer Olympics, can you name them both? A prize awaits the first person to bring the answer to the IIHF office. You will get a bonus if you can name the discipline that was cut this year.

### Did You Know?

Last year was the first season for a World U18 Women's Championship. USA won the first-ever gold medal.

### Reminders

Today (Weds.) is the camp photo. Be sure to wear your team jersey and come to the ice rink at 9:30 p.m.

## The Leaders of the Pack

Today while the players were in Helsinki, the Development Camp's Leadership Program officially kicked off.

Various leaders in women's hockey arrived in Vierumaki yesterday for five-days of seminars to discuss how to help the sport continue to grow and improve.

In total, there are around 30 participants in the program. The group, which comes from 17 different nations

was hand selected by their member national associations to come and take part in the five-day program.

Presenters in the seminar also come from all over the globe, with an emphasis on the major women hockey nations. With topics covering several areas, the days will be filled with lectures and workshops. Things kicked off with Lea Cleret from the World Anti-Doping Agency, who educated members on the fight against doping in sports.

Following that, presenters such as Canada's Julie Healey, Sweden's Lars G. Karlsson and Finland's Arto Seipi, all leaders with their nation's national team programs will discuss a variety of topics with practical workshops to follow.

If any adults are interested in attending a presentation, feel free to sit in. All lectures and workshops will be held in the 'Bubble'. A complete schedule can be found in IIHF Camp Office.

## On the Ice: Meet Team Black

**Team Players:**

|     |                          |
|-----|--------------------------|
| SWE | Hermansson, Carolin      |
| ISL | Vilhjalmsdottir, Margret |
| SUI | Heuscher, Jana           |
| LAT | Kurme, Baiba             |
| NOR | Aannestad, Ida           |
| AUS | Edmonds, Sarastevie      |
| NZL | Goulding, Anna           |
| BEL | Paredis, Laura           |
| FIN | Mäkinen, Niina           |
| JPN | Aramaki, Satomi          |
| CZE | Polanska, Alena          |
| NED | Keijzer, Cloe            |
| AUT | Ernst, Virginia          |
| ROM | Gaspar, Lilla            |
| HUN | Dettrich, Szilvia        |
| TUR | Dokur, Tuba              |
| ESP | Calero, Alba             |

|               |                   |
|---------------|-------------------|
| Mentor Coach  | Tuomi, Timo       |
| Coach         | Roy, Marie-Claude |
| Coach         | Sandor, Ibolya    |
| Student Coach | Salmela, Janne    |
| Team mngr.    | Pärmäkoski, Tommi |
| Equip. mngr.  | Eskola, Petri     |

**Team Schedule / Results:**

|         |            |        |
|---------|------------|--------|
| Aug. 11 | vs. Blue   | L, 1-3 |
| Aug. 12 | vs. Red    | W, 4-3 |
| Aug. 13 | vs. White  | L, 1-4 |
| Aug. 14 | vs. Maroon |        |
| Aug. 15 | vs. Green  |        |
| Aug. 16 | vs. Yellow |        |

**About the Team:**

The Black team is one of the more eclectic groups at this year's camp. Led by Finn Timo Tuomi, the team hails from virtually every corner of the world. Four players come from four different Nordic nations, while on the other end of the spectrum, three players had at least day-long trips just to reach the camp. But now everyone has adjusted to the Finnish time zone, and life in Vierumaki, the team is coming along nicely and earned its first win yesterday with a close 4-3 win against Team Red.



I hope you enjoyed the captiol city...it's really nice isn't it? When you tell yll your friends back home about what you did, you can explain it to them in Finnish using these handy words:

- Excuse me, I'm lost. = Anteeksi, olen eksynyt.**
- Shopping = Shoppailu**
- How much does this cost? = Paljonko tämä maksaa?**

## Game Results

*The games at this year's development camp are split into three periods that last 15 minutes each. If the game is tied at the end of regulation, it will go directly to penalty shots. These are the results from yesterday's games.*

**Team Red 3, Team Black 4**

Team Black's early 2-0 lead proved to be the difference, as they held off a persistent Red team by one goal. Red edged back into the game with two goals in the second period, but Black hung on in the third with tough defense.

**Team Green 4, Team Teal 3**

Green earned its first win with a one-goal win against Teal. All of the scoring was completed in the first half of the game with the game-winner coming midway through the second period.

**Team White 1, Team Blue 4**

Team Blue stayed unbeaten with a 4-1 win against White. Again, the scoring was finished by the end of the second period as Blue held a 4-0 lead at the 25-minute mark. Four minutes later White scored its only goal to make it a 4-1 final.

**Team Yellow 2, Team Maroon 3**

In the third one-goal game of the day, Maroon edged Yellow, 3-2. Maroon is now one of two unbeaten teams at the camp after holding off a late Yellow comeback.

**Team Standings:**

| Team   | GF | GA | W | L |
|--------|----|----|---|---|
| Maroon | 10 | 4  | 2 | 0 |
| Blue   | 7  | 2  | 2 | 0 |
| Yellow | 8  | 7  | 1 | 1 |
| Green  | 8  | 9  | 1 | 1 |
| Red    | 7  | 7  | 1 | 1 |
| Black  | 5  | 6  | 1 | 1 |
| Teal   | 5  | 11 | 0 | 2 |
| White  | 4  | 8  | 0 | 2 |