



Council of Europe – World Anti-Doping Agency TUEC Chairs Symposium

INTRODUCTION

The WADA TUEC Chairs symposium took place in Strasbourg, France, on the 11th of December, 2009.

The 2010 WADA Prohibited List was reviewed with respect to the changes made on the List.

Medical conditions justifying the use of a banned substance on the List were reviewed in the granting of a Therapeutic Use Exemption (TUE). These medical conditions can be found on the WADA website at www.wada.ama.org.

SUMMARY

Major Changes to the 2010 WADA Prohibited List

- B-agonists in asthma (salbutamol and salmeterol) only need a 'declaration of use'.
- Other B-agonists (terbutaline, formoterol) require a TUE with a medical file and pulmonary function tests.
- Intravenous infusions are allowed in hospital admissions and in investigations.
- All other intravenous infusions require a TUE with medical justification and no alternative forms of therapy.
- Platelet-Rich Plasma and autologous blood products need a 'declaration of use' in tendinous or ligament injections but intramuscular injections require a TUE.
- Pseudoephedrine has been reintroduced on the WADA 2010 Prohibited List and must exceed the threshold of 150ug/ml to be considered an 'adverse analytical finding'. The medication should not be given in competition periods because of the variance in clearance rates from different individuals.

TUE Issues

- The Attention Deficit Hyperactivity Disorder (ADHD) criteria to justify the use of amphetamines have been established and require an expertise in the field in order to qualify for a TUE.
- Glucocorticosteroids when given by injection (intraarticular, peritendinous) or by inhalation require only a 'declaration of use'.
- The use of systemic glucocorticosteroids (IV, IM, po) in certain medical conditions (Inflammatory Bowel Disease) is justified but their use in musculoskeletal conditions is controversial. They require a TUE.
- Infertility issues may require banned substances which require a TUE with a specialist in the field of infertility.
- Medical justification or the granting of a TUE for the use of pseudoephedrine has not been established.
- A TUE in IV infusions should only be given for medical reasons where no alternative forms of therapy can be used to rehydrate an athlete.

TUE Committee

- The TUE Committee should use best practice guidelines to make decisions in the granting of a TUE.
- The TUE Committee should recognise valid TUE from other Anti-Doping Organisations (mutual recognition).