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INTRODUCTION

Welcome to the IIHF Coach Development Program Level I Coach Manual. This is the second of the four levels of coaching education that is offered by the IIHF.

The objectives of the IIHF Coach Development Program are:

- To cooperate with National Associations in a partnership to educate the coaches within their country.
- To provide coaches from around the world with the most current coaching information and education.
- To take a pro-active role to solve the coaching challenges in modern day hockey.
- To encourage coaches to provide a positive, fun and healthy atmosphere for the development of their players while they are involved in hockey.

The four levels of the IIHF Coaching Education Program are Introduction to Coaching, Level I, Level II and Level III. The four levels are taught in a seminar format with tasks and take-home assignments. There are Coaching Manuals for each level which the coaches can use as a reference guide to help them in their development and education.

The information that is offered in Level I will refine in a progressive manner the information learnt during the Introduction to Coaching. It will also introduce new material that is necessary for coaches to improve their coaching skills and knowledge that will progress into Level II.

IIHF member National Associations are encouraged to use the IIHF Coaching Development Program resource materials, either as a supplement to existing programs which exist in their country or as a complete coach education program to educate their coaches.

FORMAT OF THE MANUAL

The IIHF Coach Development Program Level I Coach Manual is divided into nine subject areas that include the following major coaching areas of emphasis:

- Introduction
- Leadership
- Communication
- Teaching/Learning
- Organization and Planning
- Technical
- Tactical
- Athlete Safety and Protection
- Rules and Regulations

These nine subject areas are further divided into different topic areas that will enhance the dedicated coach's knowledge and expertise in the many exciting areas of coaching.